



# Breakfast Menu Week 3



## MONDAY

Butter croissant with jam  
Porridge  
Choice of cereals  
Fresh fruit  
Toast

## TUESDAY

Scrambled egg on toast  
Porridge  
Choice of cereals  
Fresh fruit  
Toast

## WEDNESDAY

Waffles with fruits  
Porridge  
Fresh fruit  
Choice of cereals  
Toast

## THURSDAY

French toast  
Porridge  
Choice of cereals  
Fresh fruit  
Toast

## FRIDAY

Bacon rolls  
Porridge  
Choice of cereals  
Fresh fruit  
Toast





# Lunch Menu Week 3



## MONDAY

Mexican beef pasta bake  
V. Spinach and feta frittata  
Peas and sweetcorn  
Garlic bread  
Salads  
Jacket potato  
Chocolate fudge cake  
Fruit or Yogurt

## TUESDAY

Roast gammon  
V. Cheese and onion pasty  
Broccoli and parsnips  
Salads  
Jacket potato  
Jam Sponge  
Fruit or Yogurt

## WEDNESDAY

Sausage Plait  
V. Parmesan & roasted sweet  
potato risotto  
Cabbage and carrots  
Sauté potatoes  
Salads  
Jacket potato  
Chocolate Brownie  
Fruit or Yogurt

## THURSDAY

Chicken Korma  
V. Vegetarian quiche  
Salads  
Jacket potatoes  
Red velvet cake  
Fruit or Yogurt

## FRIDAY

Battered Cod  
Fish Fingers  
Sausages  
Jacket Potato  
Salads  
Fruit or Yogurt





# Supper Menu Week 3



## MONDAY

Chicken & Bacon Burgers  
Wedges  
Salad and Coleslaw

## TUESDAY

Mac and Cheese  
Crusty Bread  
Crudité's  
Peas

## WEDNESDAY

Meatball Sub  
Corn on the cob

## THURSDAY

Ham, egg and chips  
Pineapple Salad

